

Contact Tracking Sheet
4-3-2-1

Week of _____

	Monday	Tuesday	Wednesday	Thursday	Friday
4 Calls					
1 call					
2 call					
3 call					
4 call					
Notes:					
Handwritten Personal Notes Mailed today					
1 note					
2 note					
3 note					
Notes:					
2 New Friends - Enter into Database/Put on Plan today					
1					
2					
Address Changes					
Face to Face Meeting, Lunch, Coffee, etc.					
Meeting					